**Early Learner ONE Schedule** 

**Classroom Free Play:** 7:00 – 8:45

Early morning time is spent exploring the classroom through play while we wait for our friends to arrive*.*

**Snack:** 8:45 - 9:15

The children take turns washing hands, and then sit down together. This is a great time for social interaction while enjoying a nutritious snack.

**Morning Meeting:** 9:15 - 9:30

During Morning Meeting we gather as a whole group to say hello to our teachers and friends. It is also our time to share a story and sing our favorite songs.

**Music and Movement:** 9:30 - 9:45

A fun and active transition time as we learn and play through dance, instruments and kid’s yoga.

**Recess:** 9:45 – 10:30  
This is our time to get outside and PLAY! We will explore our playground, and engage in fun gross motor activities.

**Theme Time:** 10:30 – 11:15

During this time we explore and learn through art and themed activities. We learn and grow and enjoy one another through play.

**Goodbye Meeting:** 11:15 - 11:30

At this time we gather to end our morning and say goodbye to our part-time friends.  
  
**Lunch:** 11:30 - 12:00

The children take turns washing hands, and enjoy the social setting of lunchtime.

**Rest Time**: 12:00 - 2:30

This is a quiet time to rest minds and bodies, and get ready for the afternoon. Children who wake earlier than 2:30 will be offered a quiet activity while they wait for their friends to finish resting.

**Afternoon Snack:** 2:30 - 3:00

Once rest is over, the children wash hands and sit together for a nutritious snack.

**Outside Play:** 3:00 - 4:30

The children have fun developing gross motor skills through play with balls, bubbles, ride on toys, toy vehicles, parachutes, etc.

**Free Play/Classroom Exploration/Outside Play:** 4:30 - 6:00

We finish the school day with the children by playing in our Centers, doing an art activity, or playing outside.